

TRAVEL CLINIC FORM

- **You will need to bring your completed form into reception before we can book you an appointment or you can fill in the online form at www.umckent.co.uk**
- **You will need one form for each member of your party**
- **Please be aware that you may need several appointments to complete your course of vaccinations.**

**PLEASE NOTE: Charges for vaccines are payable by BACS (or cash) following your initial travel consultation. Vaccinations can only be given once payment is received and Nurses notified.
We do NOT accept credit or debit cards.**

Patients are advised not to eat or drink anything for
1 HOUR before their Travel Appointment

DATE OF TRAVEL DEPARTURE..... LENGTH OF STAY

YOUR DETAILS:

NAME.....

DATE OF BIRTH..... TEL.....

Please list any CURRENT MEDICATION.....

.....

Please list ANY ALLERGIES.....

.....

TRAVEL DETAILS: DESTINATION(S):-

(PLEASE BE COUNTRY SPECIFIC & INDICATE HOW LONG YOU ARE LIKELY TO STAY IN ANY AREAS. PLEASE INCLUDE ANY STOP-OVERS, HOWEVER BRIEF.)

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.....

TYPE OF ACCOMODATION:

BACK PACKING..... []

LIVING WITH LOCAL PEOPLE []

CAMPING []

HOTEL OR RESORT..... []

SELF-CATERING..... []

OTHER []

If other please state:.....

WILL YOUR STAY INCLUDE TRAVEL TO:

RURAL OR REMOTE AREAS YES / NO

RESORT YES / NO

URBAN AREAS YES / NO

PLEASE INDICATE IF (AND WHEN) YOU HAVE HAD THE FOLLOWING VACCINATIONS.

VACCINE		DATE	THESE COLUMNS FOR OFFICIAL USE ONLY		
			YES	NO	FURTHER DISCUSSION
DIP / TET/ POLIO	YES / NO				
CHOLERA	YES / NO				
TYPHOID	YES / NO				
HEP A (1 ST)	YES / NO				
HEP A (2 ND)	YES / NO				
HEP B (1 ST)	YES / NO				
HEP B (2 ND)	YES / NO				
HEP B (3 RD)	YES / NO				
HEP B (4 th - booster)	YES / NO				
MENINGITIS C	YES / NO				
OR MENINGITIS ACWY	YES / NO				
RABIES 1st	YES / NO				
RABIES 2nd	YES / NO				
RABIES 3 rd	YES / NO				
JAP B ENCEPHALITIS	YES / NO				
TICKBORNE ENCEPHALITIS	YES / NO				
FLU VACCINE	YES / NO				
LIVE VACCINES:-					
YELLOW FEVER	YES / NO				
MUMPS, MEASLES RUBELLA (MMR)	YES / NO				
BCG	YES / NO				

THIS SECTION IS FOR OFFICIAL USE ONLY

MALARIA RISK NO []
 YES Chloroquine [] Proguanil [] Chloroquine & Proguanil []
 Doxycycline [] Mefloquine [] Atovaquone & Proguanil []

Administration of Advised Vaccines **SIGNED:**.....**Clinician**

DATE:.....

APPOINTMENT INFO: EMIS NO..... TIME..... DATE.....

THIS SHEET IS FOR YOU TO KEEP:

Travel Appointment Information

The University Medical Centre, Giles Lane, Canterbury, Kent CT2 7PB

Thank you for booking your travel appointment to see the practice nurse which is

On

Many people choose to travel these days to all sorts of exotic places. Trips to far away destinations are increasingly popular and the cost plus faster transport, makes it feasible for many who were previously excluded from such activities. The number of different adventurous type trips are also on the increase. This is all good news, however, with such diversity, the risk of travel to your health is increased and this makes the appointment with the nurse more complex. For example, we need to know about your travel itinerary and any significant aspects of your health in the past. These are typical questions we will be asking:

- When are you departing and how long for?
- Where are you going including the destinations within a country?
- Are you planning on undertaking any high risk activities?
- Have you taken out travel insurance and have you informed the company if you have any medical condition?
- If female and of child bearing age, is there any possibility you could be pregnant if we needed to give you any injections?
- Do you have any medical conditions – these can interfere for example with the type of malaria tablets that can be chosen if you were travelling to a country that has malaria?

We need to perform a risk assessment before deciding which vaccines are recommended and the advice that will best address your needs. For this reason the appointment could take 20 minutes or even a little longer. Within this surgery we plan to give you the necessary injections within the appointment time to save you having to come back. Travel vaccines have improved immensely in recent years so if you feel nervous, please try not to worry - people are always surprised at how easy the injections are and unlike experiences remembered from the past!

fitfortravel

Welcome to the fit for travel website

Fitfortravel is a public access website provided by the NHS (Scotland). It gives travel health information for people travelling abroad from the UK.

The website is compiled and updated by a team of experts from the Travel Medicine Division at the Scottish Centre for Infection and Environmental Health (SCIEH).

Using fit for travel

To access information on vaccine and malaria recommendations for your destination, click on either:

- the world map
- a region listed on the left-hand menu
- A to Z Index

Going abroad? Go [here](#) first! **PLEASE GIVE BLOOD**

For information on any recent changes including outbreaks either, click on Current News in the bottom left of the screen or find your destination, then click on **Extra Notes**.

For more general information and advice, click on the links at the foot of the page, then choose your topic (for example, if you would like information on travelling with children, click on **Special Travellers** then Children).

Any of the pages on the website can be printed off as factsheets.

Current News General Advice Malaria Prevention Special Travellers Further Information

It would help us greatly if you had some awareness of the travel health problems that you may be of risk from on your trip before you come for your appointment.

If you have use of the internet please go to and print www.fitfortravel.nhs.uk off the pages of your destination to read.

We look forward to seeing you and helping you to travel safely.

TRAVEL VACCINE CHARGES

Please Note: Travel Vaccines are not usually available on the NHS

The charges, below, are payable by BACS (or cash) following your initial travel consultation.

Vaccinations can only be given once payment is received and Nurses notified.

Please note we do **NOT** accept credit or debit cards.

Hepatitis A Course Adults Children	FREE FREE	
Hepatitis A + Typhoid	FREE	
Hepatitis B	£ 55.00 per single dose	} For Travel Purposes Also for Occupational Health
Travel Course x 3	£130.00	
Blood Test	£ 40.00	
Travel Booster	£ 55.00	
Course x 3 & Blood Test (over 6 month period)	£170.00	
Japanese B Encephalitis	£120.00 single dose £215.00 course of two	
Meningitis A,C,W & Y	£ 75.00	
Rabies	£ 95.00 single injection £245.00 course of 3	
Tick-borne Encephalitis	£ 70.00 single dose £175.00 course of 3	
Cholera	FREE	
Diphtheria, Tetanus & Polio	FREE	
Typhoid	FREE	